

NORTHWEST JERSEY MIDGET WRESTLING LEAGUE BYLAWS



A. THE OBJECTIVE

To offer athletes between the grades kindergarten and sixth the opportunity to learn and participate in the sport of wrestling.

To teach the wrestlers good conduct and sportsmanship.

To maintain the league in the wrestlers best interest at all times.

The wrestlers are to be encouraged by the coaches to put schoolwork, conduct and sportsman-like attitudes foremost in their lives.

B. OFFICERS

Officers of the league will be President, Vice President/Treasurer, and Secretary.

Officers will be elected at the first annual meeting prior to the wrestling season (reorganization meeting).

President will conduct all meetings. In his absence VP/Treasurer will conduct meetings.

All officers may propose or second a motion.

All officers will have the authority to sign checks.

The president will break all ties in voting on any league topic

C. MEETINGS

The league shall have a minimum of 3 meetings per year, a reorganization meeting, a certification meeting and a seeding meeting. Other meetings may be called at the discretion of the officers.

All teams must have a representative at all meetings. Failure to be represented at a meeting will result in a \$100.00 fine and a loss of 1/2 (0.5) a point from team playoff point total.

Each team is entitled to one vote. Team representatives, if other than head coach, must be reported to the Secretary prior to the beginning of the meeting.

All bylaw changes are customarily addressed at the reorganization meeting although they may be amended at any time in the off-season. Changes will require a 2/3 majority vote, with 2/3 of the teams present constituting a quorum. The exception to this rule is that any bylaw changes openly discussed at any NWJMWL meeting and unanimously supported by all the NWJMWL teams may be made at any time.

D. ELIGIBILITY

Any wrestler who is eligible to certify on a team in this league is eligible to wrestle at the varsity level. No wrestler that has reached the age of 13 prior to September 1st of the current season or is in the seventh (7) grade will be eligible to participate in this league. Students who are home schooled will be eligible based strictly on their age.

A wrestler must wrestle for a team in his elementary school district. Any wrestler who has transferred and/or relocated to another school district must wrestle for the team in the new elementary school district. The exception to this is if the wrestler moves during the season. If the wrestler moves during the season the wrestler may remain with his old team for the duration of the season or transfer to the new team at his/her discretion. The wrestler must wrestle for the new team however the following year.

Unless transferring to a new school district as mentioned under D 2. once rostered with a team the wrestler must remain with that team throughout his/her league eligibility. Exception: If a wrestler is not rostered on a NWJMWL team for one season he/she is eligible to wrestle for any team in his/her elementary school district. To be considered rostered a wrestler must be listed on a team's official roster and have wrestled in at least one NWJMWL match either on a varsity or exhibition level during the preceding year.

Any head coach's son/daughter is eligible to wrestle for the head coach's team regardless of district. Any parent who was an active assistant wrestling coach in the preceding year and assists in coaching a different team in the present year, may have his son/daughter wrestle for the team he coaches pending majority vote of the league.

For those wrestlers attending private school outside the area in which they live, a hardship case must be presented at any scheduled NWJMWL meeting in order for that athlete to be considered eligible to wrestle on a program permitted to draw from the geographic established region of the private school. The wrestler's eligibility will be determined by a majority vote of the league.

League has put a limit (capped) on amount of teams eligible for the League on 18. This has been changed to 25 teams as of 2018-2019 season

Established geographical boundaries where the NWJMWL teams may draw:

* *Alpha:* Alpha, Bloomsbury (**Inactive as of 2004-2005 season**).

* *Belvidere:* Belvidere, Harmony, Hope, White Township & all elementary schools sending to Belvidere High School (**League Vote to remove from League 11/06/08 meeting**)

Blairstown: Blairstown, Knowlton, Hardwick, and all elementary schools sending school district to North Warren High School (**Inactive as of 2014-2015 season**). **Activated 2016/2017 season.**

Branchville: Wrestlers who attend Lafayette Township, Frankfort Township, Port Jervis/Montague sending school district township attending Port Jervis High School

Butler Bloomingdale: Butler and Bloomingdale school districts. **Active for the 2017-2018 season.**

Del Val:* Holland, Milford, Frenchtown, Kingwood, Alexandria, Lambertville, Stockton, West Amwell and all elementary schools sending to Del Val Regional High School & South Hunterdon High School (Inactive as of 2009-2010 season**)

Flemington: Lambertville, Stockton, West Amwell and all elementary schools sending to Hunterdon Central High School & South Hunterdon High School

Greenwich:* Greenwich, Stewartville, Alpha, and Bloomsbury **(resigned from League end of 2011 season)

Hackettstown: Hackettstown, Liberty, Independence, Allamuchy and all elementary schools sending school district to Hackettstown High School

Hampton/Sandyston: Hampton, Sandyston, Layton and Walpack. Send to Kittatiny HS.

Hopatcong:* Hopatcong Borough Schools. Sending school district to Hopatcong High School **(Inactive as of 2019-2020 Season)

Jefferson Twp: Probation 2016-2017. Oakridge, Lake Hopatcong, Lake Shawnee, Oak Ridge all send to Jefferson HS.

Lenape Valley: Byram, Netcong and Stanhope. Send to Lenape Valley HS.

** Lopatcong:* Lopatcong & Alpha **(resigned from League end of 2011 season)**

Long Valley: Washington township (Morris County) elementary schools district sending to West Morris Central High School District

Mendham: Chester Twp, Chester Boro, Mendham Twp, Mendham Boro. Sending school district to West Morris Mendham High School

Montville: Montville, Pine Brook, Towaco all in the sending district of Montville High School

Morris Knolls: Denville and Rockaway Twp in the Morris Knolls HS sending district. **Active for the 2017-2018 season.**

Mount Olive: Mount Olive, Flanders, Budd Lake all Mount Olive HS sending district.

Newton: Newton Public Schools, Andover Boro, Andover Township, Green Township. Sending school district to Newton High School

North Hunterdon: Clinton Boro/Twp, Union Twp, Bethlehem Twp (NJ), Lebanon Boro, Franklin Twp (Hunterdon County). Sending school district to North Hunterdon High School

Notre Dame:* All wrestlers are drawn from the Notre Dame Parish **(Inactive as of 2010-11 season)

Parsippany/Troy Hills: Parsippany-Troy Hills Township school district sending to Parsippany High School and Parsippany Hills High School sending district. **(Resigned from League end of 2014 season). Re-Active 2017-2018 season.**

** Phillipsburg PAL:* Town of Phillipsburg & Alpha **(resigned from League end of 2011 season)** .

** Pen Argyl:* Plainfield, Pen Argyl, Windgap and Pen Argyl sending school district **(inactive as of 2005-2006 season).**

Pohatcong: Pohatcong, Bloomsbury, & Alpha all Phillipsburg HS sending district revised 2018/2019 **(resigned from League end of 2011 season)** . **Re-Activated 2016/2017**

Randolph: Randolph Twp. Send to Randolph HS.

Sparta: Sparta Township, sending district to Sparta High School

* *Steele Hill:* Town of Phillipsburg & Alpha (**resigned from League end of 2011 season**)

Stillwater: Freedom Township schools, Stillwater Township schools. Sending school district to Kittatiny High School

Sussex: Sussex & Wantage Twp

Vernon: Vernon Twp. Send to Vernon HS.

Voorhees:* Califon, Glen Gardner, Hampton, High Bridge, Lebanon Township, and Tewksbury Township. Sending school district to Voorhees High School. (Resigned from League end of 2013 season**).

Wallkill Valley: Franklin Boro, Hamburg school district, Hardyston Township, Ogdensburg school district. Sending school district to Wallkill Valley Regional High School. (**Resigned from league end of 2014 season. Re-entered League beginning of 2015-2016 season**).

Washington Y Washington Boro/Township, Mansfield Twp, Oxford, Franklin Twp (Warren County). Sending school district to Warrens Hills High School. (**Resigned from League end of 2013 season Joined for the 2019-20 season**).

Wharton: Rockaway and Wharton. Sending to Morris Hills and HS.

*** = Teams that are inactive**

E. ROSTERS

A list of all the wrestlers for each team will be presented to the weigh-in official at the official certification. The list will have the following information:

- a. Wrestler's full name.
- b. Birth date and age.
- c. Home address.
- d. Grade
- e. School attending

A space provided for the certified weight (to be filled in by the weigh-in official).

The wrestlers are to be listed according to their approximate weight, starting from the lowest weight.

All wrestlers who wish to compete in the league on either JV or varsity must be certified on a team roster.

The above list becomes the official roster and is retained by the secretary until copies are made and returned to each team.

Additions to the roster must be made prior to January 1st. The only way a wrestler can be added to an official roster is by emailing the Board with the wrestlers name, address, birth date, grade, and approximate weight at least 72 hours prior to the next scheduled match or the wrestler is ineligible. A slip or score book must be signed by the wrestlers coach and

the opposing coach and then an email is to be sent to the Board copying the opposing coach(s) with the certified weight before the next weeks match.

CERTIFIED WEIGHT CLASS

Wrestler's weight classes are established at the league's reorganization meeting.

At the official weigh-in, all wrestlers will step on the scale stripped to undergarments or less (socks, underwear & singlet) and the league will assign his/her certified weight. Female Wrestlers are to wear t-shirts and shorts (or singlet).

A wrestler will be allowed to wrestle only his/her certified weight class and up to two-weight classes above but only 1 weight class above what he weighs in at the day of the match.

Birth certificates are required and should be submitted at the certified weigh-in for all wrestlers on an annual basis.

Certification will take place any time prior to January 1st. A wrestler may wrestle at a higher weight class and recertify as long as the recertification weigh in is prior to above mentioned date. All wrestlers must make the hard weight for certifications there will be no weight allowances for certifications other than two-tenths lb. for undergarments. All match requirements still pertain to this rule. A wrestler must wrestle a minimum of 70% of the teams scheduled matches and 51% or more of the matches must be wrestled in the weight class a wrestler chooses to wrestle in the end of the year league tournament. *Revised 2018-2019 season*

A 1-pound weight allowance will be granted on January 1 and another pound in February.

A two-tenths weight allowance will be allocated to all wrestlers stepping on the scale wearing undergarments. This rule pertains to all league weigh-ins (Certification, Dual Meets, League Playoffs, and League Tournament).

G. WEEKLY MATCHES

Weigh in rules will coincide with the weigh in rules as stated in the current NJISAA

Rule book.

Weigh-in will be conducted by match officials or the two opposing coaches.

Officials shall be registered NJSIAA or PIAA.

Official has the authority to eject any wrestler or coach for un-sportsmanlike conduct.

Proper conduct of wrestlers, coaches and fans will be the responsibility of the coaches.

Disciplinary action will be taken against the coach and/or his team as a result of any improper actions.

The Home team shall report the match results to the League. Results will be submitted on the NWJMWL Web-Site (www.nwjmw.com) by 11:59 PM following the day of the match.

Match results **MUST** include first and last name of wrestler, actual weight, and match result. Failure to do so will result in a loss of 0.5 points towards the Individual League Tournament Team points.

Time of the bouts for varsity will be 1 – 1½ - 1-½ minutes.

*Overtime will be 1 minute feet, double overtime is a 30 second ride out.

JV bouts will be 1-1-1 minutes or determined by the participating coaches on the day of the match.

* = Refer to NJSIAA rules pertaining to overtime format for the current season.

The league will schedule matches.

All week night matches in December will grant a 1-lb weight allowance. Matches in January and February will not receive a weight allowance.
Revised 2018-2019 season

All teams may elect to submit a JV roster and wrestle in the JV division. It is not mandatory to have a JV roster.

Weights for the league will be as follows:

46, 49, 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 85, 90, 95, 102, 115, 135, 165, HWT (200 max)

a. A wrestler who wishes to compete at 165 must weigh at least 135 pounds and a wrestler who wishes to compete at HWT must weigh at least 165.

b. Both teams must have a HWT for the HWT match to count toward team points. Forfeits at HWT will not count toward team points.

H. INDIVIDUAL LEAGUE TOURNAMENT

The location of the league tournament will be decided upon by the league at the annual meeting.

The tournament format will be decided upon at the annual league meeting.

Seeding:

A. league meeting will be held to determine seeding for the league tournament.

b. Only one coach will be allowed to speak at seeding meetings. This coach will be designated prior to the meeting. One additional coach may attend, however they may only confer with the designated representative of their team. Tournament director or league officers will enforce these rules.

Wrestlers must wrestle **in at least 70% of the team's scheduled** Varsity matches to be eligible to participate in the Individual League Tournament. In order to compete in a weight class wrestlers must wrestle at least 51% of their total Varsity matches at the weight in which the wrestler intends to compete at in the Individual Tournament no exceptions. If there's an injury to the starter the board must know about it within 24 hours of the injury and a Dr.'s note is needed to determine how he/she he will be out of the line-up to determine if he/she can be voted into the individual tournament.

Seeding criteria will be set as follows: Revised 2018-2019 Season

1. Most wins
2. Head to head competition. In cases where three or more wrestlers have the same
3. number of wins, this criterion will only apply if one of the wrestlers beat ALL of the others being considered.

4. Winning percentage
5. Number of pins
6. Number of technical falls
7. Number of major decisions
8. Fewest wins by forfeit
9. Vote of coaches

In the event there are uneven regions the seeding criteria is as follows for the #1 seed only. *Example* If wrestler A is 12-0 and wrestler B is 11-0 but wrestler B is in a region with 1 less team we will then move to criteria #4(number of pins and continue from there) to determine 1st seed.

Any child who has been seeded in a weight class at the regularly scheduled seeding meeting must wrestle at that weight class. In the event there is a substitution for a previously seeded wrestler, the coach must inform the league officers prior to the tournament weigh ins. Eligibility will be determined by majority vote of the coaches at the pre-tournament meeting.

Loss of Team points for League enforced Penalties are as follows:

Minus ½ point for failure to submit team scores within time allotted.

Minus ½ point for failure to submit league dues by time indicated at the league Reorganization meeting.

Minus of 1 Team point or more for various penalties deemed detrimental to the NWJMWL and will be determined at a league meeting pending 2/3-majority vote.

Minus ½ team point for failure to have team representation at the Reorganization meeting.

H. LEAGUE PLAYOFFS

The location of the league playoffs will be determined at the annual reorganization meeting or league playoff meeting.

Four teams will qualify to participate in the League Championship playoffs.

Criteria and seeding (In this order):

Each NWJMWL team will accrue points for league scheduled meets during the season.

Point accrual is as follows:

Win = 2points

Tie = 1 point

Loss = 0 points

Seeding of playoff team will be as follows:

Total accumulated Team points.

In the event of a tie, tie breaker will be as follows:

Head to head.

1st place from Alpha vs 2nd place from Beta and 1st place from Beta vs 2nd place from Alpha

Winners from the two matches will wrestle for 1st and 2nd place and the losing teams will wrestle for 3rd and 4th place.

Playoff officials will be recommended by the League.

League playoff champion will coach All-Star matches setup with other League, if unable runner-up from the league playoffs gets next choice.

Wrestlers must weigh in 50% of Varsity matches within their certified weight to be eligible to participate in the league team playoffs.

J. MISCELLANEOUS

All fees for the season to be determined annually by league vote (currently \$350.00 per team).

League and division format shall be decided at the reorganization meeting. Divisions are Alpha and beta and will be set based on previous seasons overall standings all odd finishers will be in the Alpha division and all even finishers will be in the Beta division. Teams will wrestle all of the teams in their division and four matches against the opposite division.

Any infraction may be referred to the league president by any league representative, or appointed official (includes referees and tournament director) within 48 hours of the infraction. The president will contact all league representatives and call a meeting within 48 hours. The league will determine if the infraction is deemed a major or minor infraction. If the league determines the infraction to be major a decision of disciplinary action against any coach and or team will be made. Disciplinary action will be decided upon a 2/3 vote of the league up to and including expulsion. If determined by league to be a minor infraction, first offense will be a 1 point deduction from League Individual Varsity Tournament team score, second offense will be team is placed on probation, and third offense team will be removed from league.

Team awards will be decided at a league meeting.

- a. League Champions (one (1) from each division of multiple divisions).
- b. League Playoff Champions
- c. League Tournament Champions

Individual awards for 1st through 8th place will be presented at the league tournament.

A special award may be presented annually to recognize an individual who has contributed to the betterment of the league. The recipient of this award will be decided upon by a league vote.

If a team wrestles a day prior to a scheduled meet regardless of the league wrestled in and at least 2/3 of the starting lineup participates, there will be a 1-pound weight allowance granted providing 72 hour notice is given to the opposing team and President.

Unless part of these bylaws, all-applicable rules governing competition of the league will be in accordance with the latest Wrestling Rules Book from the NJISAA.

Disbandment: In the event the league should have to fold, all funds currently maintained by the league will be held for 6 months following the end of the season. After that time and with no reformation of the league, all funds will be distributed evenly to the teams participating in the league at the end of the previous season.

REVISION SHEET

<u>REV</u>	<u>DESCRIPTION</u>	<u>DATE</u>
BY NR	Revisions made to update Bylaws to coincide with K-6 format 2002-2003 Season MT/EJM	

A G.10; 125 weight added And 175 max hwt added 10-22-03 EJM

B D.2 removed 11-09-03 EJM H.3.C amended to include 50% participation rule 11-09-03 EJM

C C.2: Point loss added

D.1: 7th grade added

D.6: Boundaries corrected

G.6: Match reporting

H.3: Seeding revised

H.3.d: # of wrestled matches added

I.2: Playoff point system Introduced 11-06-04 EJM

D

D.6: Boundaries updated & Wash. Y & NH added.

F.2: Singlet and "female" attire added.

F.6: 2nd pound in February removed.

G.3: "assigned by league secretary" removed.

G.7: Overtime rule modified (see NJSIAA rules)

G.10: note "b" removed.

H.6: "Tri's" added.

H.3.d: "5 of 10" was "6 of 13"

H.3.f: Removed (Pertained to 1 coach speaking @ seeding mtg).

I.2: "3 from each division added".

I.2.d: roman # iv added.

J.5: "2 champs from each division" added.

J.8: "president" added

Introduced 11-30-05 EJM

E

E.3: Added form on NWJWL website to complete 72 hours prior to match to certify a wrestler before Jan 1st

D.3: changed reference of D3 to D2

Introduced 8-23-06 FRB

F

H.3.d: "6 of 13" was "5 of 10"

G.6: changed 24 hours to 11:59 PM

I.2.A.d: moved to H:3-I and change wording from team points toward league tournament to team points toward individual varsity tournament

I.2.B.b.ii: omit

Introduced 9-20-06 FRB

G

D.6: Boundaries updated for Branchville, Flemington & DelVal. Long Valley added.

Introduced 10-25-06 FRB

H

I.4: Added

J.3: Added league will determine type of infraction

Introduced 11-30-06 FRB

I

H:3:c: omitted

H:3:d: revised In order to compete in a weight class, however, wrestlers must wrestle at least 50% of their Varsity matches at the weight in which the wrestler intends to compete at in the Individual Tournament.

Introduced 9-13-07 FRB

J

D.6 revised: Belvidere removed from League through League vote on

11/06/08 Introduced 9-18-08 FRB

K

G.7 revised: Changed from previous year to current year

Introduced 11-06-08 FRB

L

H.3.c revised: Changed Varsity matches required from 6 to 7 for current year of 2008-2009 season

Introduced 12-04-08 FRB

I.5 added: Playoff matches required set at 6
